



# SAFETY SERVICES

## Health and Safety at Work Awareness for Workers – 4 Steps

Whether you are newly hired or someone who has been working for some time, this workshop will bring you up to date with the legal requirements and concepts related to the Act.

**This training meets the seven learning objectives identified in Occupational Health and Safety Awareness Training Regulation 297 Section 1 (3).**

On completion of this training workers will:

1. Know the three rights and duties of workers under the Occupational Health and Safety Act.
2. Understand the roles and responsibilities of employers and supervisors under the Occupational Health and Safety Act .
3. Be familiar with the roles of the H&S Representative or Joint Health and Safety Committee in your workplace.
4. Have additional contact information for external resources, such as the Ministry of Labour, or WSIB, to ensure they understand their roles and that help is always available.
5. Be knowledgeable of common workplace hazards that workers may be exposed to at work and be familiar with the purpose of protective equipment and devices used to protect you from those hazards. Know that you are not alone and if you have reason to believe that the work you are doing or the equipment you are using might hurt you or someone you work with, you can refuse to do that work
6. Understand requirements for WHMIS (Reg 860) if controlled products are used in your workplace.
7. Be aware that occupational illnesses symptoms can appear long after the exposure.

**Who should attend this 1/2-day workshop?**

- All workers are required to complete H&S Awareness Training.



## Safety Services

- ♦ Traffic Control Person
- ♦ Traffic Control Program
- ♦ JHSC Certification Training
- ♦ Workplace Inspection / Accident Investigation
- ♦ Competent Supervisor
- ♦ Lockout / Tagout Energy Hazards
- ♦ Confined Space Attendant, Entry and Rescue

---

2501 Rutherford Road Unit 22  
Vaughan, Ontario L4K 2N6

Phone: 416.231.3752

E-mail: [info@safetvscone.net](mailto:info@safetvscone.net)

---