



All courses designed in house	Approximate Course Length
AODA – Customer Service Standards for Ontario	45 minutes
AODA – Integrated Accessibility Standards for Ontario	30 minutes
Arc Flash Safety Awareness	40 minutes
Asbestos Safety Awareness	40 minutes
Back & Lifting Safety	45 minutes
Compressed Air Safety	25 minutes
Confined Space Awareness, Supervisor	Coming soon
Confined Space Awareness, Attendant and Crew	45 minutes
Defensive Driving	120 minutes
Fall Protection (Non Ontario)	75 minutes
Fall Protection (Ontario – non construction)	75 minutes
Fire Safety	40 minutes
Health & Safety Orientation – Generic	60 minutes
Heat Stress Awareness	45 minutes
Human Performance Factors	75 minutes
Isocyanates Awareness	45 minutes
Ladder Safety	40 minutes
Lockout/Tagout	45 minutes
Manual Material Handling	55 Minutes

Motorized Pallet Truck Safety	45 minutes
Musculoskeletal Disorder - MSD	45 minutes
Ontario Worker Health & Safety Awareness	45 minutes
Pedestrian Safety Around Fork-lifts	45 minutes
Personal Protective Equipment	45 minutes
Power Lift-Truck – CSA Std. B335-15	3 hours
PTSD Awareness	20 minutes
Proper Hand Washing	25 minutes
SIMDUT 2015	60 minutes
Slips, Trips and Falls	45 minutes
Transportation of Dangerous Goods – Shipper	3 hours
Transportation of Dangerous Goods – Handler	3 hours
Transportation of Dangerous Goods – Driver	3 hours
Transportation des Marchandises Dangereuses – Expediteurs	3 hours
Transportation des Marchandises Dangereuses – Transitaires	3 hours
Transportation des Marchandises Dangereuses – Facturiers	3 hours
Utility Knife & Box Cutter Safety	45 minutes
Vehicle Lot Safety	30 minutes
Vehicle Hoist Safety Training	60 minutes
Violence & Harassment in the Workplace (Ontario)	60 minutes
Violence & Harassment – Refresher (Ontario)	40 minutes
Understanding & Implementing a Health & Safety Program	90 minutes
Violence, Harassment & Bullying (Generic)	50 minutes
WHMIS 2015 & the GHS	60 minutes
WHMIS 2015 Refresher	45 minutes
Working From Home	15 minutes

Workplace Safety Committees	30 minutes
Management Suite	Approximate Course Length
Due Diligence Awareness	15 minutes
Health & Safety Representative HSR	75 minutes
Ontario Supervisor Health & Safety Awareness	45 minutes
Understanding & Implementing a Health & Safety Program	90 minutes
Workplace Impairment	40 minutes
Specialty Courses	Approximate Course Length
Automotive Shop Safety	45 minutes
Brake Service Safety	20 minutes
Electric and Hybrid Vehicle Service Safety Awareness	60 minutes
Grain Silo Safety	45 minutes
IHSA Electrical Utilities Safety Rules 2019	3 hours
Load Securement & Safety for road transport	45 minutes
Know Before you Dig Special Bundle	Approximate Course Length
Trench Safety Awareness for Excavation Crews	35 minutes
Trench Safety Awareness for Supervisors	45 minutes
Utility Infrastructure Awareness for planners and supervisors	90 minutes
Utility Infrastructure Awareness for Crews	75 minutes